









The National Institute of Engineering, Mysuru

PHASE -II Online Student Induction programme(eSIP) 2020-21 for First year BE students

Time table : From 05-15 May 2021

Date	10.00 to 11.00AM	11.30 to 12.30pm	B R E A K	2.30 to 3.30pm
05-05-2021 WEDNESDAY	Yoga/Meditation	Universal human values- Discover Your Mind ISKON MYSURU		Awareness of COVID-19,SOP to be followed , importance of vaccination Dr.Shamsundar Professor JSS Medical College, Mysuru
06-05-2021 THURSDAY	Yoga/Meditation	Universal human values- The Success Psychology ISKON MYSURU		Green technology Prof. Shamsundar, Department of mechanical engineering, NIE, Mysore
07-05-2021 FRIDAY	Yoga/Meditation	Language proficiency module Mrs. Chitra Ramesh – Approved script writer for UGC documentary		Talk on innovation -1 Mr. Sudhir Sosale,Founder CEO, Qualcert Consulting, Mysore
08-05-2021 SATURDAY	Yoga/Meditation	Stress management Dr.Yashodhara Kumar G Y Clinical Psychologist Gr-II Department of Clinical Psychology,AISH,Mysuru		HOLIDAY
09-05-2021 SUNDAY	HOLIDAY			HOLIDAY
10-05-2021 MONDAY	Yoga/Meditation	Universal human values- Building Habits Effectively ISKON MYSURU		Professional Skills Development Mrs.Smriti Shreepathi Application and Systems Manager Moneytech,,Australia
11-05-2021 TUESDAY	Yoga/Meditation	Universal human values- Goal Achieving System ISKON MYSURU		Emotional self regulations Dr.Yashodhara Kumar G Y Clinical Psychologist Gr-II Department of Clinical Psychology,AISH,Mysuru

12-05-2021 WEDNESDAY	Yoga/Meditation	Art ,cultureand Heritage at NIE Ms.Vanmala –Prof. Dept.of ISE	B R E A K	Creativity Mrs. Chitra Ramesh – Approved script writer for UGC documentary
13-05-2021 THURSDAY	Yoga/Meditation	Universal human values- Maximum Productivity ISKON MYSURU		Time management Dr.Yashodhara Kumar G Y Clinical Psychologist Gr-II Department of Clinical Psychology,AISH,Mysuru
14-05-2021 FRIDAY	BASAVA JAYANTHI/ RAMZAN HOLIDAY			HOLIDAY
15-05-2021 SATURDAY	Physical Health related activities Prof. Shankara narayana Retired PE ,NIE	Study habits Dr.Yashodhara Kumar G Y Clinical Psychologist Gr-II Department of Clinical Psychology,AISH,Mysuru + VALEDICTORY and FEEDBACK		 Wash your hands regularly  Avoid contact  Keep a safe distance of at least 2 metres  Avoid touching your face  Cough or sneeze into the crease of the elbow or in a tissue  Stay at home if you are ill

Instructions :

1. All students are required to install ZOOM app in mobile/laptop/desktop device.
2. The Student can join the program by using the link shared in your class group every day.
3. 85 % of the Attendance is compulsory.
4. For Yoga /Meditation, recorded videos link will be shared to the students.

Induction programme coordinators :

- EEE- Dr.Chidanandappa R., Associate professor -9449284946
- CIVIL -Mr. Madan Kumar L., Assistant professor- 9743814886
- MECHANICAL - Dr.Yogesh K K, Assistant professor- 9242986525
- ECE- – Mr.M K Vishwanath , Assistant professor-8073062958
- CSE- Ms.Rashmi M R, Assistant professor-8123750356
- ISE- Mr.Pradeep Kumar H S, Assistant professor-9036876680
- IPE - Mr. Santhosh Kumar, Assistant professor-9986311533
- SCIENCE- Mr.Nithin K S , Assistant professor-9743083267